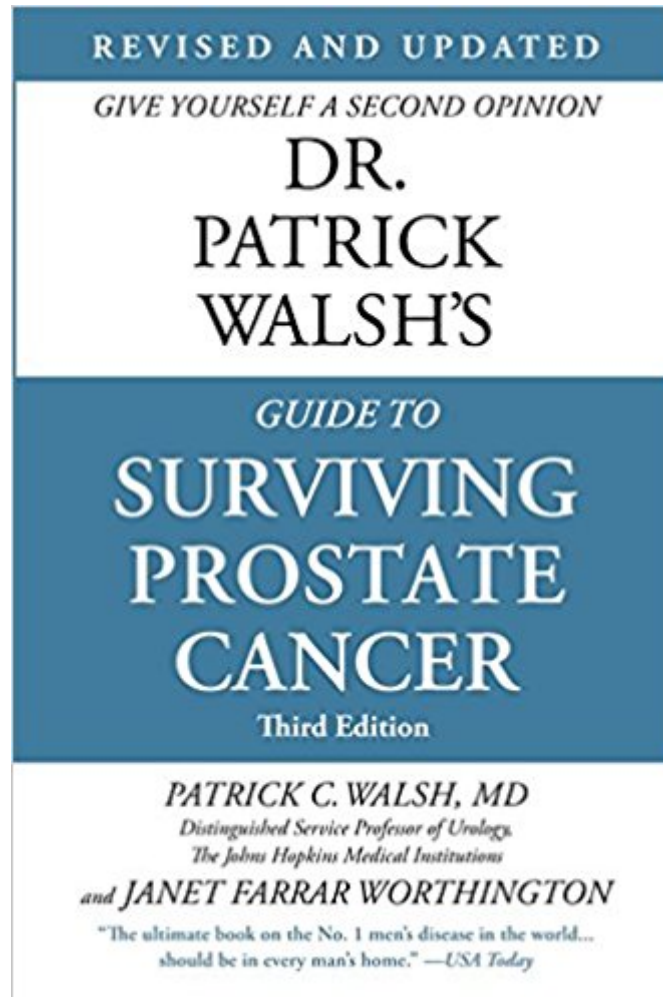


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# Dr. Patrick Walsh's Guide To Surviving Prostate Cancer



## Synopsis

Each year, more than 230,000 men are diagnosed with prostate cancer, and 30 to 40 percent of patients who are diagnosed will eventually relapse. But the good news is that more men are being cured of this disease than ever before. Now in a revised third edition, this lifesaving guide by Dr. Patrick Walsh and award-winning science writer Janet Farrar Worthington offers a message of hope to every man facing this illness. Prostate cancer is a different disease in every man, which means that the right treatment varies for each man. Readers will discover their risk factors, simple changes that can reduce the risk of developing the disease, treatment options, and more. This new edition is updated to maintain its cutting edge as the world's most popular and well-respected resource on prostate cancer.

## Book Information

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## Customer Reviews

My father was diagnosed with what appeared to be a very small amount of cancer. We weighed the evidence, read everything we could in this book and elsewhere on what he should do, and one of the things that struck us was Dr. Walsh's detailed discussion about the nature of prostate cancer. Especially, he had a lot of evidence that cancers that seem to be not that bad are actually worse when the pathologist looks at them, and he also talked about how the biopsy, even multiple biopsies, can still miss the full extent of cancer. This is what happened with my dad. My father had surgery, and his cancer turned out to be Gleason 7. His surgeon, who performed the operation that Dr. Walsh invented, got all the cancer, and every PSA test for the last several years has been

undetectable. He had no long-term side effects, and no incontinence even at the beginning. The information on ways to prevent cancer is being practiced by my brother and husband. There is a lot of good information on family history, too, which we have, on both sides of the family. I found this to be a very caring, positive, and helpful book, and I give it to friends who are diagnosed with prostate cancer. Unfortunately, there are a lot of men out there with prostate cancer, and the need for good advice is greater than ever. I would advise people looking at these reviews to use a grain of salt when reading one that seems particularly snarky. Yes, there is repetition in the book, but the authors say up front that this is because they don't expect people to read it cover to cover, but to go to the sections they need the most. I am grateful that we did not need the sections on advanced cancer, but found that to be hopeful, as well.

If we men live long enough, our prostate will eventually cause us problems. Every man over 40 should read this book. It is the definitive source on prostate related urinary issues. You don't have to be diagnosed with prostate cancer to benefit from this book. This book is written in plain English. The index is organized and complete so that you can quickly zero in on topics of interest. This book was recommended to me by two friends, and I consider it the best health related reference book I have ever read. The author pioneered the prostate surgical removal technique that virtually eliminated post surgical incontinence and loss of sexual function. No one should ever consider radiation or surgery to remove their prostate without first reading this book. Armed with the information contained in this book, you will be able to ask your urologist all the right questions. This book is a bargain!

I was diagnosed with prostate cancer in 1999. I wish I had read this book then. I have gone through several forms of treatment in the last four years. I find my doctors very uninformative about side effects and long term prognosis. This book answered all of my questions in a clear and understandable way. To me it's better to have a full understanding of a problem than to sugar coat things. I have an appointment coming up and I will reread parts of Dr Walsh's book to be able to ask better questions. This book is a must for anyone with prostate cancer.

Writes from a surgeon's perspective. A man with PCa who reads this book should also find a good book by a radiation oncologist or oncologist specializing in prostate cancer. Radical prostatectomy is not the only answer. It just happens to be the most used therapy because urologists are surgeons and surgery is where the big money is. Before selecting surgery, be sure you know the quality of life

implications of this decision. Also, take time to evaluate the treatment failure rates of radical prostatectomies, EBRT/IMRT and brachytherapy. Find the Business Week article which discusses the research done by the Intel founder before he made his decision on which treatment to pursue.

Excellent book for those with prostate cancer or family of those. In-depth information very helpful. Good description of all different methods for treating prostate cancer with pros and cons of each.

I had prostate cancer surgery in January 2014. My City of Hope surgeon knew the findings of John Hopkins and Walsh and agreed. As devastating as the prognosis was, the surgery was as successful as could be and while tired a lot, and still am, there was no pain of any sort. They had me up and walking 5 hours after surgery and I only took painkillers because of the catheter. MEN, READ THIS BOOK. It may have saved my life. My cancer came from nowhere, was stage 2 and a Gleason 8 in just 9 months from a physical. The PSA DOES matter. I can't recommend this book enough. Every option you'll ever see is here and you have the benefit of John Hopkins Medical Center. The same number of men are diagnosed with prostate cancer as women are with breast cancer. You can't afford to stick your head in the sand anymore.

Prostate cancer is the number two cancer in men. It kills 30,000 per year. When I was diagnosed it wasn't something I knew anything about, or thought about. This book is the favorite on cancer forums and among men recently diagnosed or going through treatment. If you or a loved one is pushing 50 this book is must reading. Even if you only read the first chapter or two to understand your PSA score and what the digital exam means to you. Many diseases have a set of procedures that you as a patient just show up for and you are cured. Prostate cancer is different. Each step of the way from your GP to the urologist and then on to the surgeon, radiation oncologist, and the medical oncologist your fate depends on who see first and their skills treating this disease. In short you have a lot of choices. You need a good travel guide, this is likely the best out there. I deducted 1 star because it too gives choices where I believe more specific guidance could have been given.

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